



FRIDAY 30TH JANUARY 2026

Mrs Wright's Weekly Update

Parents' Evenings

Parents' Evenings are coming up on Monday 9th and Wednesday 11th February. A link will be sent out on the app on Monday 2nd February for bookings via Schoolcloud.

There is availability for **one appointment per child**. We would encourage those who share parenting responsibilities to attend together, please, unless there are specific circumstances which school are aware of.

These are appointments for parents to discuss their child's progress with the teacher, to have an adult conversation, and we would ask that children do not attend.

Mobile phones

You may have seen coverage in the news about the use of mobile phones in school. Our policy on children's use of phones is in our Online Safety Policy and is completely in line with Government guidance.

Water bottles

There are a high number of water bottle drop offs throughout the morning at both offices. Please be assured that we have water fountains and drinking water taps in school, if your child does forget to bring their water bottle to school.

Concerns

Please could I ask that any concerns you may have are raised by contacting school in the first instance, rather than raising them on Whatsapp groups or on social media and raising people's blood pressure or anxiety over unfounded concerns.

We would always rather talk to you and find out what is worrying you – parentalconcernsn@trinitybuckshaw.lancs.sch.uk or 01772 624416

Thank you so much to those parents who respond positively in these situations and promote our school to others, your work as part of our Trinity Team is appreciated.

Next week

If you took part in the RSPB Big Birdwatch, I hope you enjoyed the time together considering the world around you. Children are continuing to observe bird life around us in our school grounds. Tots on Tyres and BikeFix have been ongoing too and next week Year 2 and Year 5 children will receive First Aid Training. Please do talk to them about what they have learnt to help to reinforce these important messages.

Good Luck to our Year 5 and 6 Sports Hall Athletics team in the Final next week, I know you will represent our school brilliantly!





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Mrs Wright's Weekly Update *continued*

Bedtime Routine

Following my comments about sleep last week here is a good example of a bedtime routine for a primary-school aged child:

Start the 'journey to bed' an hour before bedtime using signals such as end of a favourite game or TV programme. Have a 'screen curfew' in the hour before bed.

A typical good routine involves a bath or shower then quiet time in bedroom with parent before settling into bed and lights out.

Encourage story time for as long as the child will allow, as this is great bonding time for children and parents.

Avoid return to daytime activities (e.g. not returning downstairs after bath or shower).

Use of a bedtime pass can limit delay tactics: one or two passes can be exchanged for reasonable requests after lights out (such as a trip to the toilet or kiss goodnight)

Transitional objects (soft toys) are helpful to many young children as part of a positive sleep association.

Anxious children can write down worries in a diary or post them in a 'worry box' before the bedtime routine starts.

Source NHS Healthier Together



What's on?



DATES FOR YOUR DIARY

Date	Event	Info
Mon 2nd Feb	Y2 First Aid	
Tues 3 rd Feb	Y5 First Aid	
Thurs 5 th Feb	RS Tots on Tyres	a.m
	5K Bike Fix	p.m.
Mon 9 th Feb	Y1 Florence Nightingale Visitor	
	Parents' Evening	4pm - 7pm BW & UP
Tues 10 th Feb	Y3 & 4 Tennis Event	
Wed 11 th Feb	Parents' Evening	4pm - 7pm BW & UP
Thurs 12 th Feb	RS Tots on Tyres	a.m.
	5W Bike Fix	p.m.
Fri 13 th Feb	School closes for half term	3:10pm at UP & 3:25 at BW
Monday 23rd Feb	INSET DAY	School closed for pupils
Tues 24 th Feb	School re-opens	School open for pupils

Big question – Spring 1

**HOW DO YOU
SHOW KINDNESS
IN YOUR
COMMUNITY?**

Each half term we focus on our Big Question during our class worships.

We discuss them with our friends and share our ideas together. You could talk about these at home too.



Not on the app? Let us know and download now to stay in the loop!

The Parentapps Connect mobile app enables you to keep up with messages and updates from school, plus much more. Scan the code below to download the app and contact the school office as **you will need an invitation to register.**

Search for 'Parentapps Connect' or scan the below

